Stay Tuned for Sunday Programs
The Comedy Workshop with Jo Firestone, 10:00am [Click here to join] Meeting ID: 912 0357 8911, Passcode: 001542

Shakespeare with Leo Schaff, 11:00am [Click here to join] Meeting ID: 883 7339 8516, Passcode: 414471 or dial in 646-558-8656

Tai Chi with Ken Grey (Online & In Person at OLP), 1:00pm [Click here to join] Meeting ID: 954 0252 1458, Passcode: 032187

Film Discussion Group, Anthony Cilione, 3:00pm [Click here to join] Meeting ID: 863 7833 2159, Passcode: 91137

10/3 Film presents: Jean-Luc Godard’s “CONTEMPT” (1963) [Link to Film]

Music Outreach, every other Monday, 4:00pm [Click here to join] Meeting ID: 929 172 963, Passcode: 1598 [Find the full schedule of classes here]
Greenwich House Older Adult Zoom Schedule
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Tuesday

Healthy Eating & Strength Building to Stop Falls, 11:00am [Click here to join] Meeting ID: 817 8515 0633, Passcode: 870605

Creative Writing with Esther Cohen (Every 1st & 3rd Tuesday of the month), 3:30pm [Click here to join] Meeting ID: 911 3706 0851, Passcode: 008056

Simple & Healthy Meals for One & Kitchen Exercises, 3:30pm [Click here to join] Meeting ID: 817 8515 0633, Passcode: 870605

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[greenwichhouse_oac] [Greenwich House Network of Older Adult Centers]
Greenwich House Older Adult Zoom Schedule
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Wednesday

**Italian with Richard Palumbo**, 11:00am [Click here to join](mailto:Click here to join)
Richard is continuing his Italian class by sending out weekly emails with assignments to complete using the class textbook. If you’re already an Italian student and have your book at home, email Richard to join at rpalumbo3@verizon.net

**Therapeutic Yoga (Online & In Person at OLP)**, 11:00am [Click here to join](mailto:Click here to join) Meeting ID: 864 1447 6426, Passcode: 2701188

**Feldenkrais with Marilyn Bakun**, 11:00am [Click here to join](mailto:Click here to join) Meeting ID: 872 5137 5806, Passcode: 069624
*(Starting September 14th)*

**Line Dancing with Margrecia Mindell**, 4:15pm [Click here to join](mailto:Click here to join) Meeting ID: 831 6521 7036, Passcode: 9jZ6KH

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Thursday

Stretch & Balance with Audrey, 10:00am [Click here to join] Meeting ID: 875 8984 6586, Passcode: 636437

Fall Stop with Jyothi Larson, 10:30am [Click here to join] Meeting ID: 891 1215 2648, Passcode: 636955
(Last class 10/6)

Move & Groove with SuZen (Online & In Person at Westbeth), 2:00pm [Click here to join] Meeting ID: 880 5092 2442

Tai Chi with Ken Grey (Online & In Person at Westbeth), 4:00pm [Click here to join] Meeting ID: 472 880 6429, Passcode: kengong

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Greenwich House Older Adult Zoom Schedule
October 2022
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Friday

**Stretch and Tone with Margrecia Mindell**, 10:00am [Click here to join](#) Meeting ID: 831 6521 7036, Passcode: 9jZ6KH

Partially funded by the NYC Department of Aging
Tai Chi with Ken Grey (Online & In Person at Westbeth), 9am Click here to join
Meeting ID: 472 880 6429, Passcode: kengong

Moving and Grooving with Sokie Lee, 10:00am Click here to join Meeting ID: 857 6274 7582, Password: 552253

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